

16th Annual Symposium



REDEFINING Women In Dentistry

INNOVATION,
WOMEN'S HEALTH,
AND LEADERSHIP

April 18, 2026

Crowne Plaza Toronto North York
900 York Mills Rd
North York, ON M3B 3H2

HANDS-ON PROGRAM



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womenindentistry.ca



Dr. Luana
Oliveira-Haas
DDS, MS, PhD



CATEGORY 2 | 6CE | AGD SUBJECT CODE: 250

Essential Composite Skills

9:00am - 4:00pm

COURSE DESCRIPTION

The demand for direct composite restorations has increased tremendously in the past year. This hands on course is designed for general dentists looking to increase the use of direct anterior composite restorations in everyday practice. The course focus on the latest direct anterior composite restoration protocols using simplified techniques to achieve predictable results while providing the knowledge and experience to perfect composite restorations. You will gain skills in layered composite techniques for Class IV and effective finishing and polishing techniques. In addition, you will learn the classic veneer restoration technique with a simplified protocol. Dr. Oliveira-Haas will offer over-the-shoulder mentoring and provide guidance for an intensive patient simulation experience. Step-by-step guide for simulated practices will be provided. You will refine your composite resin skills and will learn the latest techniques to immediately apply them to your patients.

COURSE OBJECTIVES

- Practice Class IV restorations using layering technique: simplified versus advanced techniques
- Learn how to use layering technique to decrease chair time
- Understand how to select the appropriate composite shade for challenging clinical situations
- Create incisal halo and incisal effects with composite resins
- Alternatives to free-hand anterior composites – Injectable technique and lingual matrix technique
- Practice the classic veneer restoration for anterior tooth
- Finishing and polishing to achieve enamel-like restorations and save chair time

DR. LUANA OLIVEIRA-HAAS BIO

Dr. Luana Oliveira-Haas is an accomplished professional with extensive expertise in Restorative Dentistry, Evidence-based Dentistry, and research. With over 25 years of experience, she is passionate about teaching and has conducted numerous lectures and hands-on workshops on restorative dentistry. Dr. Oliveira-Haas earned her DDS degree from the Federal University of Uberlandia, Brazil in 1995. She furthered her education with a certificate in Advanced Studies in Esthetic Dentistry at Sao Paulo State University and completed a Specialty Program in Operative Dentistry at the Federal University of Uberlandia, both in Brazil.

Continuing her academic journey, Dr. Oliveira-Haas pursued a Master and PhD in Operative Dentistry at Sao Paulo State University in 2004. Later, she moved to the United States and served as a faculty member at Nova Southeastern University, Fort Lauderdale-FL for 12 years. During this time, she also held the position of Post Graduate Operative Dentistry Program Director. In 2018, she joined the Adult Restorative Dentistry Department at UNMC, College of Dentistry, Lincoln-NE. After completing a two-year (2021-2023) AEGD residency program at the University of Florida, Dr Oliveira-Haas proudly obtained her certificate as a US-trained and licensed dentist.

Currently, Dr. Oliveira-Haas holds the position of Clinical Associate Professor and AEGD Residency Program Director at the University of Missouri-Kansas City, Kansas City, MO while also maintaining her practice in the Faculty Practice clinic. Her impressive academic background and extensive clinical experience make her a respected authority in the field of Esthetic and Restorative Dentistry.



Dr. Sophia Lalani
DMD, F.R.C.D.(C)



CATEGORY 2 | 6CE | AGD SUBJECT CODE: 070

Enhance your Practice and Endodontic Skills

9:00am - 4:00pm

COURSE DESCRIPTION

From diagnosis to obturation, this hands-on course guides clinicians through the essential steps of successful endodontic treatment. Participants will strengthen their diagnostic and clinical skills while gaining confidence in managing a wide range of endodontic cases. The course combines didactic instruction with hands-on exercises in instrumentation—featuring the new Reciproc file system—as well as irrigation and obturation techniques.

COURSE OBJECTIVES

- Demonstrate proficiency in the diagnosis and case selection of a wide range of endodontic conditions, including the management of cracked teeth.
- Apply effective instrumentation techniques using the Reciproc file system to optimize root canal preparation.
- Apply proper irrigation and obturation techniques to enhance cleaning, disinfection, and sealing of the root canal system.

DR. SOPHIA LALANI BIO

Dr. Sophia Lalani is an endodontist practicing in Toronto. She earned her undergraduate degree in Computer Engineering from McGill University before completing her Doctor of Dental Medicine (DMD) and specialty training in Endodontics at Boston University. Dr. Lalani is a past President of the Ontario Society of Endodontics and an active member of the Ontario Dental Association. She is dedicated to sharing her expertise through continuing education courses offered both privately and via the ODA Education Hub. Additionally, she serves on the ODA Student Services Committee.

Outside of dentistry, Dr. Lalani is a lifelong fitness enthusiast who enjoys playing hockey and staying active, as well as spending quality time with her family.

Work. Life. Balance.

The Business of Dentistry

9:00am - 4:00pm










CATEGORY 3 | 6CE
AGD SUBJECT CODE: 550



COURSE DESCRIPTION

Join us for a practical day of learning to make your practice more profitable.

AGENDA

9:00am - 9:15am	Introduction
9:15am - 10:15am	The Dental Landscape — Practice Values And The Factors That Have A Real Impact  Jackie Joachim <i>Chief Operating Officer, ROI Corporation</i>  Connie Bento-McVicars <i>Senior Financial Planner, TD</i>
10:15am - 10:30am	Coffee Break
10:30am - 11:30am	Decoding Financial Health — Understanding Key Ratios for Practice Success  Sana Arshad <i>CPA, MAcc, CFO Smiles</i>
11:30am - 12:00pm	Group Exercise - Elephant in The Room
12:00pm - 12:45pm	Lunch
12:45pm - 1:45pm	Beyond The Post — Turning Social Media Connections into Patient Relationships  Natalia Decius <i>President, VitaminD</i>  Leah Garniss <i>Social Media Manager & Creative Designer, VitaminD</i>
1:45pm - 2:45pm	Service with A Smile — Transforming Customer Experience into Profit (Panel Discussion)  Tala Batarseh <i>Dental Practice Consultant</i>  Dr. Sue Chincholi <i>Owner, Mint Dentistry</i>  Brittany Wahl <i>Dental Assistant, Studio B Dental</i>
2:45pm - 3:00pm	Coffee Break
3:00pm - 3:45pm	Beyond The Basics — Lessons Learned from Practice Ownership  Dr. Fawzia Husain <i>DDS</i>
3:45pm - 4:00pm	Closing Remarks